



Hamilton Island Activities

The Whitsundays

Experience all that Hamilton Island has to offer

There's no shortage of things to do in Hamilton Island, with more than 60 activities on offer for guests to add to their holiday agenda.

From diving into the Great Barrier Reef to exploring the island by golf buggy or swapping out stress for a spa treatment, Hamilton Island is a holiday-makers heaven.

Being one of the largest islands in the Whitsundays affords Hamilton Island a pristine landscape that begs to be explored – with options to do so by land, air and sea.

Guests can take advantage of the wide-ranging complimentary program of activities when staying on the island, which includes everything from 20km of walking trails, snorkelling the fringing reef or letting the kids make new friends at Hamilton Island's fun zone.

Beyond the island itself, a world of wonder awaits, whether its scenic flights over Heart Reef, leaving footprints in the sand of Australia's most-awarded beach or exploring the colours of the region at Hill Inlet nearby.



Book your experiences in advance, as Hamilton Island experiences high demand for its restaurants, spas, buggies and tours.



Discover the Great Barrier Reef

Surrounded entirely by the Great Barrier Reef, Hamilton Island is the perfect base to explore this World Heritage-listed wonder.

Snorkel

Pick up a snorkel mask from Hamilton Island's Catseye Beach for self-paced snorkelling around the island's fringing reefs or join an organised reef tour.

Aboard an organised reef tour, like Cruise Whitsundays, you'll spend most of the day at a pontoon located at Hardy Reef.

To discover some of the most secluded snorkelling areas of the Great Barrier Reef, join Explore's Full Day Snorkel, which visits Bait Reef and renowned dive sites at Stepping Stones, Paradise Lagoon and Banjouras Lagoon.



If exploring Hamilton Island's fringing reef, keep your eyes peeled to spot turtles swimming.

Scuba

Join a half or full day reef tour which offers scuba diving to see some of the world's most diverse marine life.

Amongst The Whitsundays many dive sites you'll find have everything from colourful coral colonies to underwater cliffs, plunging coral walls and an array of famous marine-faces like giant Queensland groper, dolphins, whales, turtles, and Maori Wrasse.

Reef day tours leave from Hamilton Island, taking visitors to the two of the most popular dive sites on Bait Reef.



Hamilton Island has its own accredited PADI training centre on the island, so you can learn to scuba dive while staying on the island.

Explore more natural beauties

Just when you thought the reef was the only icon in the region, wait 'til you see some of Hamilton Island's other neighbours – Heart Reef, Whitehaven Beach and Hill Inlet – which are truly remarkable natural wonders in their own right.

Whitehaven Beach

The award-winning Whitehaven Beach is on Hamilton Island's doorstep, renowned for its white silica sand and bright-blue waters. Stretching for over seven kilometres, it won't take long to realise why Whitehaven Beach is frequently voted as one of the most beautiful beaches in the world. Experience it for yourself with a day trip by boat or sea plane, both bookable via the Hamilton Island.

Hill Inlet

Just when you thought Whitehaven Beach was the star of Whitsunday Island, enter Hill Inlet. Found on the northern end of Whitehaven Beach, this stunning inlet looks like a water colour painting, with the swirling sands and water, where the two meet.

The lookout at Tongue Point is the best vantage point, accessed via a bushwalk to get there. Hill Inlet arguably has the best views in The Whitsundays, but if you want to see them, make sure you choose a tour with walks to see it.

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Heart Reef

There's lots to love about Heart Reef, the naturally forming coral formation in the shape of a perfect heart. Found in Hardy Reef, Heart Reef is best visited via scenic flight as there's no provision to snorkel or dive this particular icon. The natural formation is one of the most internationally recognised icons of The Whitsunday region, with post-card worthy views guaranteed even from the most amateur photographer.



To visit Heart Reef, book the exclusive Journey to the Heart Tour via: hamiltonisland.com.au/hamilton-island-heart-island-experience

A bird's eye view

See why the best seat in the house is far from it, with a scenic flight over the World Heritage-listed icon. A range of operators take scenic flights over the reef, Whitehaven Beach and Hill Inlet, with both helicopters and seaplanes on offer.

For the best of both land and sea, join Air Whitsunday Seaplanes for a scenic flight that touches down on the world's most famous beach, Whitehaven. Seaplane tours include a private picnic, complete with chilled sparkling wine.

Or, to combine a scenic flight with a snorkel, visit Reefworld, where you can snorkel from a pontoon moored in the middle of the Great Barrier Reef and then take a helicopter tour over it to for another perspective.



A camera is an absolute must for a scenic flight to see the colours of the Great Barrier Reef.

On island

There's no shortage of things to choose from on dry land when you base yourself on Hamilton Island. The range of things to see and do on the island are as enticing as what you will find off it.

Buggies

Getting around Hamilton Island is easy, whether it's by foot, complimentary shuttle, or guest-favourite, golf buggy.

With your own buggy, you can take a self-drive tour of the island, or shuttle yourself between points of interest easily on the island.

No special licence or training is required to drive Hamilton Island's buggies - simply book ahead of your visit and present a valid international driver's licence.



Four-seater buggies are available for hire around the island. Please note, children under four years of age must use a child seat in the buggy, with a range of age-appropriate child restraints also available for hire.

Spa away

Get into the holiday mode, faster, with a visit to one of Hamilton Island's two onsite day spas - Spa wumurdaylin and Spa qualia (for qualia guests only).

Both offer a treatment menu which heavily feature Australian products and organic ingredients, designed for guests to truly relax and unwind.

Both spas are open seven days a week, from morning until late, to accommodate a morning's worth of swimming and an afternoon of spa-ing.

Aside from the two day spas, Island Hair and Beauty offers all beauty services such as haircuts, colour, blow dry and beauty treatments such as waxing, spray tans and nails.



Bookings are essential for all spa services.

Play a round of golf

Few golf courses compare to Hamilton Island Golf Club, whose greens on Dent Island promise panoramic views of the glistening Coral Sea and surrounding Whitsunday Islands. In fact, this is the only 18-hole championship course in Australia found on its very own island.

Tee off on the par 71, 18-hole championship golf course, following your round with relaxed, long lunch at the iconic clubhouse. For a family-friendly golf experience, swap the full 18 holes for the driving range or mini-golf course.



Need to hire clubs? The Pro Shop rents equipment, so you don't need to pack your clubs.

Meet the local inhabitants

Some of Hamilton Island's residents take the form of the furry and feathered variety (snakes, lizards, koalas and kangaroos), and guests can meet them at Hamilton Island Wildlife.

Guided tour with the keepers are available for a close and personal encounter with Australian native animals, including koalas, dingoes, pythons, lizards and Freddie the talking Cockatoo.

Not only will guests get the chance to meet iconic animals, you'll get the opportunity to hold and pose for a photo with some too.



For the ultimate experience, book a VIP animal experience to experience Hamilton Island Wildlife on a private tour.

For more information about the Whitsundays, please visit:

teq.queensland.com/au/en/trade/places-to-see/visit-the-whitsundays

For further resources including other factsheets please visit:

teq.queensland.com/au/en/trade/trade-tools-and-resources/sales-tools

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